



TENNYSON
CENTER *for*
CHILDREN



NEWSLETTER APRIL 2021

BUILDING STRONGER & HEALTHIER FAMILIES

For our April newsletter, we are highlighting the importance of prevention and its impact on child and family wellbeing. Because of the isolation experienced during COVID-19, children have been at a greater risk of neglect and abuse. The absence of teachers, doctors, neighbors, and friends in children's lives this past year has led to a major decline in neglect and abuse reporting – but cases have increased. With the help of our generous donors, we continue to evolve and grow to find new and better ways to serve kids and families. We believe that through early intervention and prevention programs we can reach families before abuse ever happens. That's why, this Child Abuse Prevention Month, we need your support to build stronger and healthier families. Everyone can make a difference!



KATE



Kate is a single mom with multiple children under the age of five. Caring for her children with little support and working full time has created an isolating situation for Kate. She was feeling overwhelmed and underwater, especially with the stress of the pandemic. Kate didn't know where to turn or how to find additional support for herself and her family. Then, six months ago, she heard about the Families Together Neighbor program from a friend. Kate reached out and asked for support. After a couple weeks, Families Together matched her with a Neighbor who happens to live right down the street. Kate's Neighbor provides her family with support and encouragement through a home-cooked meal at least once a month. Now Kate has more time to enjoy her family as she navigates the everyday stresses of raising children on her own. Social isolation leads to caregiver burnout, family stress, and sometimes even neglect and abuse. Stories like Kate's remind us that friendly, practical, and preventative support can transform difficult family situations from lonely to hopeful.

SHARE YOUR HOPE

Do you have a hope or wish for the kids and families of Colorado that you'd like to share? Visit www.tennysoncenter.org/CAPM and share your vision for a brighter and healthier future of child and family wellbeing. Your support and commitment shows kids and families that they are not alone.



PREVENTION WORK

Our goal is to keep families strong and keep them together. We provide an array of community services that aim to do exactly that by creating access to therapy, skills building, and resource connection. 87% of children we serve are reached through prevention and intervention services like Community Based Services and Families Together. We are also launching Child First, an early childhood program to support even more children and caregivers!



Community Based Services

Community Based Services teach protective skills and offer concrete support in times of need. Clinicians travel to homes and schools in a family's community, lowering the barriers to needed support. In 2020, 97% of Community Based Services kids stayed in their homes and 47% of them saw an improvement in trauma stress symptoms, despite the challenges presented by the pandemic. These improvements demonstrate the stabilization of families and the healing of children through our prevention work. This type of success is why an investment in prevention is so important.

Child First

In the coming months, Tennyson will launch Child First. Child First is a national, evidence-based, two-generation model that serves the most vulnerable young children and families, providing intensive, home-based services. The program aims to prevent child abuse and neglect. Child First serves children before birth through age five and their caregivers who are facing challenges like poverty, mental health issues, and homelessness. We're thrilled to add this program to our growing list of community programs to help strengthen kids and families.



Families Together

Families Together connects families who feel isolated with volunteer "Neighbors" who deliver meals, groceries, or care packages to one specific family for six months. This community support helps stabilize families and children, simultaneously reducing the chance that children need more acute services and foster care. We recently launched our Families Together DIY program which trains local hosts to build Neighbors programs in communities across the country. The expansion of our Neighbors program will bring support to families across the country to help prevent caregiver burnout, neglect, and abuse.

Outpatient Services

Mental health is just as important for adults as it is for children! We are happy to offer Outpatient Services to children, teens, and adults who are looking for extra support. Outpatient Services include assessment, individual and family therapy, diagnostic services, and care coordination. We're building brighter futures together to help kids and families reach their goals, build upon strengths, and avoid more intensive services!



Child Abuse Prevention Month highlights the importance of prevention and its impact on child and family wellbeing. We believe that by reaching families through our early intervention and prevention programs, we can prevent neglect and abuse from ever happening. To learn more about our programs visit www.tennysoncenter.org/programs.



2950 Tennyson Street
Denver, CO 80212-3029



We're excited to be able to host our FORE! Our Kids Golf Classic in person again this year! This event provides the unique opportunity to play Colorado's most exclusive and beautiful course, Sanctuary, while supporting the healing journeys of Tennyson's kids and families! If you are interested in purchasing a sponsorship, please reach out to Jessica Snider at Jessica.Snider@tennysoncenter.org.

GET INVOLVED

Help us build stronger kids and families! Below are some great ways to get involved and support prevention programs and services. Visit www.tennysoncenter.org/CAPM to learn more about each of these opportunities.

SIGN UP FOR OUR NEWSLETTER

Subscribe to our email newsletter to stay up to date and informed about how to help all year long.

DONATE TO PREVENTATIVE PROGRAMS

Donate to support prevention and early intervention programs like Families Together and Child First.

BECOME A MONTHLY SUSTAINING DONOR

Your monthly contributions help provide preventative services to children and families in Colorado.

APPLY TO BECOME A VOLUNTEER NEIGHBOR

Sign up to be a volunteer Neighbor with our Families Together Program to help isolated families who need support.

FUNDRAISE FOR THE CAUSE

Create your own fundraising page and share it with your friends and family. The funds you raise will help build stronger kids and families.

DONATE TO OUR CAPM GIVING TREE

Donate an item from our Giving Tree and help provide children access to preventative services like therapy sessions and telehealth.